

AGING

Central Ohio Area Agency on Aging

COAAA plans, funds, and delivers services and information in Central Ohio that help older adults, caregivers and individuals with disabilities remain safe and independent in their homes.

<http://www.coaaa.org/>

800-589-7277

Franklin County Office on Aging

Franklin County Office on Aging plans, coordinates and provides access to services and information in Franklin County that assist older adults, dependent adults, and their families in the maintenance of independent living.

<https://officeonaging.org/>

614-525-5230

MENTAL HEALTH

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available.

Call the **Disaster Distress Helpline**

1-800-985-5990 (1-800-846-8517 TTY)

If you or a loved one are feeling like hurting themselves and others, call the National Suicide Hotline number.

800-273-TALK (8255) or text CrisisTextLine

<https://www.crisistextline.org/>, Text CONNECT to 741741

FOOD, SHELTER, SUPPLIES

LifeCare Alliance

<https://www.lifecarealliance.org/>

614-278-3130

HandsOn Central Ohio

<http://handsoncentralohio.org/>

211 or **614-221-6766**

SAFETY CHECK

Requesting a **wellness check** from the police department, if you have concerns the individual might be of danger to themselves.

614-645-4545

Choices-Domestic Violence Shelter

614-224-4663

Franklin County Children Services referral line

614-229-7000